

### **Utah Parent Center**

[www.utahparentcenter.org](http://www.utahparentcenter.org)

801-272-1051 Toll Free 800-468-1160

Español 801-272-1067

### **Supplemental Security Income for Children (SSI)**

[www.ssa.gov](http://www.ssa.gov)

801-524-4115 Toll Free 800-772-1213

T.T.Y. 800-325-0778

### **Medicaid/CHIP**

<http://health.utah.gov/medicaid/>

801-538-6155 800-662-9651

### **Division of Services for People with Disabilities (DSPD)**

<http://www.dspd.utah.gov/>

Intake number 877-568-0084

T.T.Y. 801-538-4192

### **Utah Center for Assistive Technology**

Facilitates the application of assistive technologies for persons with disabilities

<http://ucat.usor.utah.gov/>

801-887-9500 Toll Free 888-866-5550

### **Disability Law Center**

An agency to advance the equality, opportunities and respect of people with disabilities in Utah

<http://www.disabilitylawcenter.org/>

800-662-9080 T.T.Y. 800-550-4182

### **Access Utah Network**

Equipment for sale and disability resource links

<http://accessut.org/>

801-533-4636 Toll Free 800-333-8824

### **Public Transportation (Accessibility)**

<http://www.rideuta.com/mc/?page=RidingUTA>

801-743-3882 T.D.D. 801-287-4657

Toll Free 888-743-3882

### **Information and Referral**

Information about resources and community services

<http://www.informationandreferral.org/>

211 or 801-978-3333

Toll Free 800-472-4716

### **Special Needs Resource Project**

Information and Special Needs Resources

<http://www.snrproject.com/>

## **Transition Information for Parents, Physicians and Providers of Young Children with Special Health Care Needs**

"Transition is a process, not an event."

--From the National Center for Youth with Disabilities

Children and families experience many transitions, large and small over the years. As a parent or medical provider for a young child with special health care needs you may be caught up in day-to-day details. However, planning for your child's future should not be postponed. With your child's medical provider, you can work as a team to look to that future.

The information enclosed may provide ideas to help you learn about services, programs and resources available for you and your child.



Our future exists in the hopes of our children . . .

## The Early Years

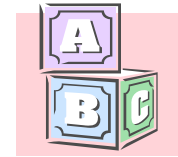
- Learn as much as you can about your child's special health care needs.
- Keep a record of your child's medical history including conditions, operations, medications and treatments (with dates, doctors and recommendations).
- Begin teaching your child about his/her health care needs.
- Begin teaching your child self-help skills for his/her independence and additional skills related to specific health care needs.
- Investigate services in your community.
- Join associations that represent your child's special need or illness.



## As they Grow and Develop

- Assess your child's knowledge and perception of his/her health care needs. Build on their understanding.
- Help your child learn how to interact directly with nurses, doctors and therapists.
- Most children who qualify for SSI are also eligible for Medicaid. Check to see if either benefit is available for your child.
- Before your child transitions out of Early Intervention and/or Special Ed preschool, learn about other program options for his/her future educational needs.
- If your child has an Individualized Education Plan (IEP) or 504 Plan at school, attend the meetings. At an appropriate age, your child should be included in the meeting. Keep a copy of the plan that is developed to assure that it is followed.

- Actively support your child's interests and leisure activities.



## Resources and Contacts

### Children with Special Health Care Needs (CSHCN) Bureau

<http://health.utah.gov/cshcn/Transitions/Index.html>  
801-584-8284 Toll Free 800-829-8200  
Transition Specialist  
Lynn Pease 801-584-8518  
Walt Torres (en Español) 801-584-8516

### Baby Watch Early Intervention

(Birth to age 3)  
<http://www.utahbabywatch.org/>  
801-584-8284 Toll Free 800-961-4226

### Utah State Office of Education

Special Education Services (Ages 3-21)  
<http://www.schools.utah.gov/sars/>  
801-538-7587

### Utah Medical Home Portal (Web)

Information on timelines, checklists, resources and sample health care plans to help create and maintain medical records for children with special health care needs  
<http://www.medicalhomeportal.org>